

JOE'S BOXING CLUB SYDNEY

JOE'S BOXING & PRIMA TIV WARRIOR DECEMBER 2008



JOE'S BOXING CLUB
SYDNEY

WWW.JOESBOXING.COM.AU WWW.PRIMATIV.COM.AU 20/118 QUEENS RD FIVE DOCK FIVE DOCK NSW 2046

“Honour your Ancestors - Look after your parents—Respect all women - & learn to fight like a mongrel dog”

LOOKING BACK ON 2008

This year marked the start of a whole new direction for our school and a new journey for myself. In March I left the World Seido Karate Organization after 28 years about a year after achieving my 5th Dan Black Belt. I have no regrets about leaving and probably should have a long time before as very much feel that our boxing and mixed martial arts program is a far better model for teaching students how to practically defend themselves if the need arose.

With the karate exiting and resulting free timeslots available

allowed me to add women's only classes which have been pretty successful but the adults boxing is still dominated by the boys in numbers but the quality of the girls in both skill, grace and enthusiasm has been a real joy and very dear to me. The other aspect that has been so enjoyable derived from a chance meeting at a café with Justann who was at one stage my karate student and now the

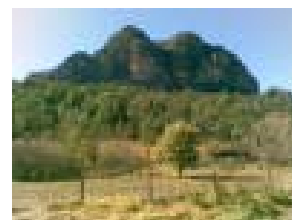


student is my teacher and my skills have skyrocketed and I have an endless supply of new ideas to challenge everyone.

2008 was also the year we staged our first Fight Night which was a stupendous success and will be an annual event and I hope a rite of passage for many Red shirts. After so many years of not having one we now have a very groovy ring too!

QUICK CALENDER 2008

- 13th December Christmas party
- 18th December last class for 2008
- Re-open 12th January 2009



Rylstone Magic



INSIDE THIS ISSUE:

LOOKING BACK	1
LOOKING FORWARD 2009	1
CALENDER FOR 2008/2009	1
GRADING RESULTS	2
OUTSIDE OUR RING	2
SPARRING KIT	2
XMAS GIFTS	2

LOOKING FORWARD TO 2009

Next year I will be concentrating on building our kids program and developing our mixed martial arts program plus I would dearly like to have two fight nights one here and one at the retreat. I aim to film the next fight night here into a doco/reality intermingling the training

and build-up with instruction and then the big night and hopefully even get it aired on SBS or TVS. Although not many have made use yet I am determined to keep developing my vision for the Rylstone retreat as well outback adventures via Bourke. I would like to try and

have a 'Fight Club' style tournament for seniors and really make a boot-camp style camp for the hardcore. Of course the highlights will be shown via Youtube. So take a rest eat too much and come back to training fat coz next year's going to be a whoppa! Merry Xmas—Joe

Bash your mate in the back yard Boxing Set



Two sets headgear, & two sets 16oz gloves, and two mouth guards cost \$200 - putting your mate on his arse priceless



Katana with stand \$60

Sharp non stainless steel blade. Good for practice



GRADING RESULTS 20TH NOVEMBER 2008

Red Shirt Jerry Wu
Emma Fitzwilliam
Danielle Cody
Blue Shirt Gareth Floyd
Jose Serrao
William McDonnell
Scott Barnes
Alessandro Bertoni

Grey Shirt Noah Pereira
Nicholas Di Stefano
Joe Capra
Alex Moiseenko
Martin Lorello
Andres Navasures
Greg Ryan
Maurice Mansour
Anna Maclaine
Sapienza Salerno
Andrew Angeli
Richard Macavoy
Emma Mungavin
Tyler Skeen
Andrew Paterson
Dion Nigro

Grey Shirt Klintyn Weymark
Eric Nemes
Tyler Skeen
Hugo Pinniger

The largest ever group to grade to grey shirt so Blake is looking forward to seeing you all at Grey Shirt sparring on Wednesday Night at 8.30pm. You must have your own sparring equipment. I sell Gloves, Headgear, Mouth-guard plus special aerated sparring bag for \$130. (see below)

Congratulations to Jerry who did a tuf grading and to Danielle & Emma who all reached Red Shirt with a sterling effort. Looking forward to our first girl Black Shirts next year

OUTSIDE OF OUR RING

The Prediction— First, the 29-year-old Pacquiao is more than five years younger than the 35-year-old De La Hoya, whose "Golden Boy" moniker is no longer chronologically accurate. And second, Pacquiao's electrifying performance in dethroning WBC lightweight champion David Diaz — his first outing at 135 — created a convincing enough imprint to make the match a sale-able commodity. Thus, De La Hoya is a slightly less than a 2-to-1 favourite to

The Result

LAS VEGAS, Nevada (AFP) — Filipino boxing icon Manny Pacquiao stopped Oscar de la Hoya Saturday, defying a disadvantage in size with a brutally dominant performance in their welterweight showdown. Pacquiao's speed, power and precision were too much for De la Hoya, whose left eye was swelling shut as he declined to come out for the ninth round. With the technical knockout, Pacquiao improved to 48-3 with two drawn and 36 wins inside the distance. Pacquiao, the reigning World Boxing Council lightweight champion, moved up two weight classes to take the lucrative bout with De la Hoya, a 10-time world champion in six different weight classes who fell to 39-6 with 30 knockouts. Comment : Eddie Roach De La Hoya's trainer for the Mayweather fight had the last laugh as he orchestrated pacquiao's win. De la Hoya should retire he just didn't have it to be competitive.

CHRISTMAS GIFTS

Adjacent is a gift certificate for the introductory course here and we can personalize it to suit the person. The cost for the five visit plus equipment is \$149. We can also do a \$99 for one private lesson plus equipment or a trial for Mixed Martial Arts or Sword. Equipment packs above.

