



JOE'S BOXING CLUB  
SYDNEY

# Timetable July 2010

## Kid's & Youth Timetable

DAY	TIME	DESCRIPTION	Level
Monday	4:00pm – 5:00 pm	Kids Martial Arts	Junior < 13yrs
	5:00pm – 6:00 pm	General Boxing Class	Youth/Adult 13yrs+
	6:00pm – 7:00pm	Mixed Martial Arts	Youth/Adult 13yrs+
Tuesday	4:00pm – 5:00 pm	Kids Martial Arts	Junior < 13yrs
	5:00pm - 6:00pm	General Boxing Class	Youth/Adult 13yrs+
Wednesday	5:00pm - 6:00pm	General Boxing Class	Youth/Adult 13yrs+
	6:00pm – 7:00pm	Women's Only	Youth/Adult 13yrs+
Thursday	5:00pm – 6:00 pm	General Boxing Class	Youth/Adult 13yrs+
	6:00pm - 7:00pm	Mixed Martial Arts	Youth/Adult 13yrs+
Saturday	8:00am - 9:00am	General Boxing Class	Youth/Adult 13yrs+
	1:00pm – 2:00PM	Sword Class	All Ages
	2:00pm - 3:00pm	Induction Class	Youth/Adult 13yrs+
	3:00pm - 4:00pm	General Boxing Class	Youth/Adult 13yrs+
	4:00pm - 5:00pm	Kids Boxing	Junior<13yrs